

## **CURRICULUM VITAE**

**Laura B. Vater, MD, MPH**

Gastrointestinal Oncologist, Assistant Professor of Clinical Medicine  
Indiana University Simon Comprehensive Cancer Center  
Indiana University School of Medicine, Indianapolis, IN  
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### **CAREER OBJECTIVE**

Patients and clinicians deserve to be treated as whole human beings. My overarching career goal is to enhance humanism in medicine for patients, their families, and all healthcare workers through patient care, education, research, writing, and speaking. I aim to achieve this through:

1. **Caring for patients with GI cancers** and directing the IUSCCC Young-Onset Colorectal and Gastrointestinal Cancer Program, with goals to identify unmet needs and improve patient outcomes. Long-term aims include creating a biorepository, participating in education and awareness campaigns for prevention and early detection at the state and national levels, and providing support groups and narrative writing opportunities for patients and families.
2. **Enhancing the well-being of clinicians** by helping reduce the mental health stigma in medicine, recognizing shared experiences that clinicians face (yet are often shrouded in shame), helping the public see clinicians as human beings, and advocating for the well-being of all healthcare workers. Direct activities include:
  - a. Narrative, nonfiction, and novel writing; co-founding Writing For Wellness at IUSM
  - b. Speaking at local and national venues (commencements, TEDx stage, conferences)
  - c. Blogging and microblogging (185k community across social media platforms, with an average monthly audience reach of 2.3 million people)
  - d. Participating in wellness initiatives at IU: Advisory Committee to the Associate Vice Chair of Wellness, IU Health and Wellness Advisory Council, IU Health Vital WorkLife Advocate, and IUSM Mental Health Stigma Initiative for medical learners
  - e. Developing, trademarking, and researching a wellbeing tool, the SMILE Scale
  - f. Using qualitative and quantitative methods to further understand and address compassion fatigue, moral injury, stigma surrounding mental health, shame related to medical error, and other salient topics
3. **Providing humanistic-focused teaching to medical learners and working to improve the culture of medical education** for students, residents, and fellows through direct clinical education, lectures at local and national events, written online content (essays, articles, and microblogs), podcasts, and narrative writing groups to support our next generation of healthcare workers and enhance compassion in medicine.

### **EDUCATION**

2010            **Bachelor of Science**  
University of Notre Dame, Notre Dame, IN  
Major: Biological Sciences. Minor: Poverty Studies

- 2013        **Master of Public Health**  
University of Pittsburgh Graduate School of Public Health, Pittsburgh, PA  
Concentration: Behavioral and Community Health. Minor: Global Health
- 2017        **Doctor of Medicine**  
Indiana University School of Medicine, Indianapolis, IN
- 2020        **Internal Medicine Residency**  
Indiana University School of Medicine, Indianapolis, IN
- 2022        **Medical Oncology Fellowship**  
Indiana University School of Medicine, Indianapolis, IN

## **APPOINTMENTS**

### **Academic**

- 2022-Present    Assistant Professor of Clinical Medicine  
Indiana University School of Medicine

### **Clinic and Hospital**

- 2022-Present    Indiana University Health, Indianapolis, IN  
Indiana University Melvin and Bren Simon Comprehensive Cancer Center  
University Hospital  
Staff Physician, Medical Oncology
- 2022-Present    Eskenazi Health, Indianapolis, IN  
Sidney & Lois Eskenazi Hospital  
Staff Physician, Medical Oncology

## **LICENSURE, CERTIFICATION, SPECIALTY BOARD STATUS**

- 2017-Present    Indiana State Medical Licensing Board, Licensed
- 2020-Present    American Board of Internal Medicine, Board Certified
- 2023-Present    American Board of Internal Medicine, Oncology, Board Certified

## **PROFESSIONAL ORGANIZATIONS**

- 2019-Present    American Society of Clinical Oncology
- 2018-Present    Gold Humanism Honor Society
- 2015-Present    American Medical Association

## **PROFESSIONAL HONORS AND AWARDS**

- 2022 American Medical Women's Association, Charlotte Edwards Maguire, MD  
Outstanding Resident Mentor Award
- 2020 The Walter J. Daly Award for Outstanding Resident
- 2018 Gold Humanism Honor Society  
(Five resident physicians selected among more than 1000 residents)
- 2018 Indiana University School of Medicine Honor Roll: Exemplar of Professionalism  
(One resident selected among more than 1000 residents)
- 2015 Serve Indiana Governor's Award for Excellence in Service Learning  
(Presented to founding board members of the Navari Student Outreach Clinic)
- 2013 American Public Health Association Erickson Foundation Research Award
- 2012 University of Pittsburgh Center for Global Health Travel Scholarship
- 2006 The Lilly Endowment Scholarship
- 2006 Kiwanis Scholarship

## **US TRADEMARKS**

2021-Present **The SMILE Scale™**

- A wellness behavioral tool to measure and encourage healthy habits. Each letter (S, M, I, L, E) represents one health behavior across five key domains of lifestyle medicine:
  - S - Sleep enough.
  - M - Move my body.
  - I - Inhale. Exhale. (stress reduction).
  - L - Love and connect.
  - E - Eat to nourish.
- We have completed a pilot study of the tool's feasibility at the IU Simon Comprehensive Cancer Center. The tool is also being used in schools, clinics, and wellbeing initiatives across the US and UK. Other groups (including nurses) have used the tool as a wellbeing intervention and have published on these results.

## **TEACHING**

2022-Present **Clinical Educator**  
Indiana University School of Medicine

- Provided clinical education in the clinic and hospital to medical students, internal medicine residents, and oncology fellows

June 2024 **Clinical Cancer Care Course (CANB-C853)**

Indiana University School of Medicine

Role: Guest Lecturer

- Led a session with PhD students on gastrointestinal cancers, including the real human impact of translating discoveries from research laboratories into clinical practice.

January 2023 **Narrative Medicine Elective**

Indiana University School of Medicine

Role: Guest Lecturer

- Led a class with IUSM students that included deep reading of narrative medicine essays, reflection, and writing.

March 2023 **Internal Medicine and Pediatrics Residency Annual Retreat**

Indiana University School of Medicine

Role: Guest Lecturer

- Led a session with the residents that included a group reading of selected narrative medicine essays and opportunities for writing and sharing.

## SERVICE

### **Department**

2022-Present **The Young-Onset Colorectal and Gastrointestinal Cancer Program**

Indiana University Simon Comprehensive Cancer Center

Role: Founding Director

- The program aims to provide personalized, comprehensive care to patients younger than 50 who have been diagnosed with colorectal and other gastrointestinal malignancies.
- This is the first program in the state of Indiana dedicated to providing care to patients under age 50.

2022-Present **The IUSM Department of Medicine Writing for Wellness Program**

Role: Co-founder

- The program aims to create a space for sharing challenging clinical experiences, building community, and strengthening narrative medicine skills.
- Participants engage in exercises to aid in writing and reflection, including responding to prompts, free-writing, group discussion, and hearing from speakers on salient topics. Those interested in publishing their writing can work with the group's leaders and peers to prepare it for publication.

2023-Present **Advisory Committee to the Associate Vice Chair of Wellness**

Role: Advisory Committee Member

- The committee meets regularly to help guide the Vice Chair of Wellness and promote a culture of wellness for all members of the Indiana University School of Medicine Department of Medicine.

2024 **Mental Health Stigma Initiative at Indiana University School of Medicine**

Role: Faculty Participant

- This initiative aims to address mental health stigma in medical learners through the creation of videos featuring physicians sharing their stories

2022-Present **Hematology and Oncology Fellows Mentoring Committee**

Indiana University School of Medicine, Indianapolis, IN

## **Hospital**

2023-Present **Health and Wellness Advisory Council (HWAC)**

Indiana University Health

- This council meets regularly to help facilitate surveys, interpret data, discuss potential wellness solutions, and collaborate within the organization to advocate for the health and well-being of healthcare workers.

2023-Present **Vital WorkLife Advocate**

Indiana University Health

- Served as a liaison to support the introduction of Vital WorkLife (a well-being resource) among clinicians. This included three one-hour training sessions, regular communication with representatives, and helping to answer colleague questions.

## **Community**

2024-Present **American Society of Clinical Oncology Cancer Communications Committee**

Role: Committee Member

- Served on the committee to increase the public's awareness and understanding of cancer treatment and strengthen relationships with various audiences, including the media, patients, and consumers of health information

2021-2023 **IMPACT in Healthcare (Interdisciplinary Medical and Patient Alliance for Care Transformation)**

- Served as co-chair for the Resident and Fellows Department, which aims to improve physicians' working conditions and well-being in training.

## **PATIENT CARE/CLINICAL SERVICE**

**IU Simon Comprehensive Cancer Center Clinic.** I spend three full clinic days per week caring for patients with gastrointestinal cancers in the clinic, often teaching medical students, residents, and fellows.

**University Hospital Inpatient Consult Service.** I staff this oncology service for 4-6 weeks and four weekends yearly. I also supervise medical students, residents, and fellows on this service.

**Eskenazi Hospital.** I spend four weeks and three to four weekends per year staffing the medical oncology service and supervising oncology fellows.

## **MENTORING ACTIVITIES**

2023-Present Indiana University Hematology Oncology Fellowship Professional Development Coaching Program

Role: Coach

- Met regularly with fellows to promote professional development and provide career support (1-2 per year)

2022-Present Indiana University Internal Medicine Residency Mentor

- Provided mentorship to multiple residents per year with an interest in hematology-oncology careers (2 per year)

2022-Present Research Mentor

- Provided research projects and support for abstract/poster presentations and manuscript publications (1-3 per year)

## **SELECTED PRESENTATIONS**

### **Invited Presentations – TEDx, Commencements, Conferences**

1. University of California San Diego Medical School Graduation Commencement Address. San Diego, CA. June 2, 2024.
2. Reducing Mental Health Stigma in Medicine: National Panel Discussion with the Dr. Lorna Breen Hero's Foundation for Mental Health Awareness Month. May 5, 2024.
3. Compassion for Clinicians in Training. Keynote at the Young MD Connect (YMDC) Annual Conference. April 20, 2024.
4. University of Minnesota Medical School Graduation Commencement Address. Minneapolis, MN. May 5, 2023.

5. Gold Humanism Induction Ceremony Keynote. Presented to Gold Humanism Honor Society inductees at Lincoln Memorial University Debusk College of Osteopathic Medicine. April 25, 2023.
6. How Exhaustion Kills Compassion. Presented at TEDx at Rush University Medical Center. Chicago, IL. March 31, 2023.
7. Finding Joy, Health, and Meaning in Clinical Medicine. Keynote presented at the Finding Inspiration and Meaning in Medicine (FIRM) Annual Conference, Indianapolis, IN. January 13, 2023.
8. Non-operative Management of Rectal Cancer: Are We There Yet? Presented at the Indiana University ASCO Review, Indianapolis, IN. July 16, 2022.
9. Exploring the Myth of Resiliency in Medicine. Presented in collaboration with Ergotron and Beckers Healthcare. July 2022.
10. Cultivating Compassion in Medicine. Presented at the Gold Humanism Induction Ceremony at the Lincoln Memorial University-DeBusk College of Osteopathic Medicine. May 3, 2022.
11. Mental Health and Burnout in Medical Training. Presented to the Region 6 AMWA Premedical Annual Conference. February 26, 2022.
12. Cultivating Compassion in Medicine. Presented at the Annual Compassion Training Workshop at the University of New England College of Osteopathic Medicine. November 10, 2021.
13. The SMILE Scale: A Tool for Health. Keynote speech at TrueLearn Annual Conference. April 28, 2021.
14. Gold Humanism Induction Ceremony Keynote. Presented to Gold Humanism Honor Society inductees at Lincoln Memorial University Debusk College of Osteopathic Medicine. April 5, 2021.
15. Physician panel for pre-medical students. American Medical Women's Association (AMWA) Annual Meeting, March 28, 2021.
16. Cultivating Compassion in Medicine. Presented at the American Medical Women's Association (AMWA) Annual Meeting on March 29, 2020.
17. Prioritizing our Health During COVID-19. Virtually presented to Rush Generations (a health community of approximately 6000 adults) on April 27, 2020.
18. The SMILE Scale: A Tool for Health. Presented at the Aurora Advocate Annual Nursing Conference on October 29, 2019, in Chicago, IL.

19. Hope Without the Hype: Finding the Right Balance with Advertisements and Science News. Co-presented with Dr. Barry Kramer at the National Association of Cancer Center Development Officers (NACCDO) and Public Affairs and Marketing Network (PAMN) Annual Conference, April 2017, Lexington, KY.

### **Invited Presentations – Grand Rounds**

1. Compassion Fatigue and Medical Mistakes: How Do We Find a Way Forward? Cleveland Clinic Cancer Center Grand Rounds, August 2, 2024 (future event)
2. Medical Errors and Self-Compassion. Presented at Family Medicine Grand Rounds at the University of Virginia. April 23, 2024.
3. Overcoming Our Failures: Medical Mistakes, Compassion Fatigue, and Care Delivery Challenges. Presented at the Indiana University School of Medicine Dean’s Grand Rounds, March 27, 2024 (two sessions, 7:00 a.m. and 12:00 p.m.).
4. Holding Onto Joy and Meaning in Medicine. Presented at Psychiatry Grand Rounds at Women’s College Hospital in Toronto. February 22, 2024.
5. Finding Joy, Meaning, and Health in Medicine. Presented at Grand Rounds at St. Christopher’s Hospital for Children, Drexel University. January 12, 2024.
6. The SMILE Scale. Presented at Internal Medicine Grand Rounds at Parkview Medical Center. March 15, 2022.
7. Cultivating Compassion in Medicine. Presented at Ob/GYN Grand Rounds, Advocate Lutheran General Hospital. November 12, 2021.
8. The SMILE Scale. Presented at Dermatology Grand Rounds, Indiana University School of Medicine. April 21, 2021.

### **Invited Presentations – Physician Groups and Residency and Fellowship Groups**

1. Young-Onset Colorectal Cancer: Diagnosis, Treatment, and Support for Patients. Indiana University Simon Comprehensive Cancer Center Simon Says Expert Series. June 28, 2024.
2. The SMILE Scale: A Tool for Living Healthier. Presented at the annual retreat for the Canadian Women Physician’s Fitness Community. April 8, 2023.
3. Finding Health and Meaning in Clinical Medicine. Presented to the Internal Medicine Residency Program at the University of Ottawa. January 11, 2023.



4. Health Communication and Humanism in Medicine. Presented to radiation oncology residents at the Indiana University School of Medicine. November 15, 2022.
5. Prioritizing our mental and physical health. Presented to internal medicine interns at the Indiana University School of Medicine. August 30, 2022.
6. Medical Errors and Self-Compassion. Presented at the Indiana University Hematology and Oncology Fellowship Morbidity and Mortality conference. May 11, 2022.
7. Prioritizing the mental and physical health of residents. Presented to pediatric residents at the Universidad Católica de Chile.
8. The SMILE Scale: A tool for clinical health. Presented to the Family Medicine residency (residents and faculty) at the Cleveland Clinic. May 19, 2021.
9. Compassion for patients and ourselves (a two-hour session with writing prompts). Presented to the University of British Columbia pediatric residents at the annual resident retreat. April 13, 2021.
10. Humanism in medicine for patients and clinicians. Presented to pediatric residents at Johns Hopkins All Children's Hospital. April 7, 2021.

#### **Invited Presentations – Medical and Pre-Medical Students**

1. Finding Meaning, Health, and Joy in Medicine. Presented to medical students and faculty at the University of Michigan Medical School as part of the speaker series on health, spirituality, and religion on April 30, 2024.
2. A Path Toward Promoting Our Health, Managing Stress, and Preserving Compassion. Presented to medical students as part of the Diversity, Equity, and Inclusion Coalition at Indiana University School of Medicine. April 17, 2024.
3. Finding Joy and Meaning in Medicine. Presented to medical students at the Oklahoma State University College of Osteopathic Medicine, AMWA Chapter. February 20, 2024.
4. Processing Grief and Connecting with Patients. Presented to medical students at the University of California Riverside AMWA Chapter meeting. January 30, 2024.
5. Compassion in Medicine. Presented to medical students at the University of California, Irvine. October 7, 2023.
6. Health and Wellbeing in Medical School. Presented to medical students at the McGovern Medical School at the University of Texas in Houston. March 6, 2023.

7. Finding Joy and Meaning in Medicine. Keynote presented to medical students at the UC Irvine School of Medicine's annual "Humanism in Medicine Night." February 28, 2023.
8. The SMILE Scale: A tool for clinician health. Presented to medical students at the NYU Grossman School of Medicine. December 14, 2022.
9. Stress Management and Caring for our Health. Presented to medical students at the Royal College of Surgeons Ireland (RCSI). November 22, 2022.
10. The mental health of doctors and medical students. Presented to medical students at the EPSU Women in Medicine Group in Poland. November 8, 2022.
11. The Finding Joy and Meaning in Medicine. Presented to Indiana University School of Medicine third-year medical students during clerkship orientation. May 6, 2022.
12. Journey to Oncology. Q&A session with the Premedical Society at Syosset High School. April 28, 2022.
13. Prioritizing Physical and Mental Health in Medical Training. Presented to medical students and residents at the Royal College of Surgeons in Ireland (RCSI). April 22, 2022.
14. Path to Oncology. Q&A session with medical students at the Lake Erie College of Medicine. March 17, 2022.
15. Health Disparities and the social determinants of health. Presented to medical students at the University of New England College of Osteopathic Medicine. March 14, 2022.
16. AMWA Women in Medicine Panel. Discussion with medical students at Indiana University School of Medicine. February 22, 2022.
17. Path to medical training. Q&A session with pre-medical students at the Oakland University Pre-Medical Society. January 27, 2022.
18. Being a woman in medicine. Q&A discussion with medical students at the Washington State University Elson S. Floyd College of Medicine. January 13, 2022.
19. Cultivating compassion in medical training. Presented to medical students at the NYU Grossman School of Medicine. December 3, 2021.
20. Humanism in medicine for patients and clinicians. Presented to MD/PhD students at the University of Western Ontario. November 2, 2021.
21. The SMILE Scale. Presented to medical students at the University of Chicago Pritzker School of Medicine. November 2, 2021.

22. Prioritizing the mental and physical health of medical trainees. Presented to medical students at the Touro College of Osteopathic Medicine. October 12, 2021.
23. Women in medicine, discussion panel. Presented to medical students in the AMA Medical Student Section as part of a virtual panel for Women in Medicine Month. October 8, 2021.
24. Cultivating compassion in medicine. Presented to medical students at the University of California San Francisco School of Medicine as part of the Compassionate Care Elective. October 5, 2021.
25. The SMILE Scale and advocacy in medicine. Presented to medical students at the Touro College of Osteopathic Medicine. September 30, 2021.
26. Career advice for women in medicine (Q&A session). Presented to medical students at the Indiana University School of Medicine, South Bend Campus, as part of an AMWA event. September 24, 2021.
27. The SMILE Scale: How meditation can be a tool for medical students. Presented to medical students in the Mindfulness and Meditation Student Interest Group at the University of South Carolina School of Medicine. September 21, 2021.
28. Narrative medicine as a tool to enhance humanism in medicine. Presented to the Gold Humanism Honor Society at Marion University College of Osteopathic Medicine. September 14, 2021.
29. Humanism in Medicine. Presented to medical students at the Lake Erie College of Osteopathic Medicine. August 17, 2021.
30. Path to Medicine. MED Talks for Teens (a student-led organization to help pre-medical students). August 2, 2021.
31. The SMILE Scale. Presented to medical students at the University of Buckingham's Women's Health Society. July 19, 2021.
32. Humanism in medicine for patients and clinicians. Presented to pharmacy students at the University of Texas at El Paso School of Pharmacy as part of the course Healthcare and Humanities. June 21, 2021.
33. Cultivating compassion in medicine and the SMILE Scale (two-hour session), presented to medical students at the California University of Science and Medicine as a Core Learning Activity (CLA) session on June 16, 2021.
34. Mental health in medical training. Presented to post-baccalaureate students at the University of Pennsylvania. May 19, 2021.

35. Cultivating Compassion in Medicine. Presented to medical students across eight schools in the Czech Republic, as part of the United International Medical Schools Organization. May 7, 2021.
36. The SMILE Scale. Presented to medical students at the University of Chicago School of Medicine Wellness Group. May 6, 2021.
37. Humanism in medicine for patients and clinicians. Presented to the University of Notre Dame Compassionate Care in Medicine Club. April 23, 2021.
38. Advocating for your health in medical training. Presented to the SUNY Upstate Integrative Medicine Club. April 22, 2021.
39. Your health matters, too. Presented to medical students at Western University College of Osteopathic Medicine of the Pacific on April 19, 2021.
40. The SMILE Scale: A tool for health. Presented to medical students at Eastern Virginia Medical School. April 14, 2021.
41. Health disparities and humanism in medicine. Presented to medical students at the University of New England College of Osteopathic Medicine. April 9, 2021.
42. Humanism in Medicine for Patients and Clinicians. Presented to medical students at Midwestern University Chicago College of Osteopathic Medicine on April 7, 2021.
43. The SMILE Scale. Presented to premedical students in the USF Integrative Medicine and Wellness Interest Group. April 7, 2021.
44. Cultivating Compassion in Medicine. Presented to medical students at Rocky Vista University College of Osteopathic Medicine. March 31, 2021.
45. Humanism in medicine for patients and clinicians. Presented to the Canadian Association of Women Investigator Trainees. February 2, 2021.
46. The SMILE Scale: Your health matters. Presented to medical students at Indiana University School of Medicine. February 1, 2021.
47. Developing compassion and prioritizing our health in medical training. Presented to pre-medical students at Oakland University. January 20, 2021.
48. Humanism in medicine for patients and clinicians. Presented to medical students at Edward Via College of Osteopathic Medicine, January 19, 2021.
49. Health disparities and humanism in medicine. Presented to Marian University College of Osteopathic Medicine. July 22, 2020.

## **PUBLICATIONS**

### *a. Peer-Reviewed Publications*

1. **Vater LB**, Ajrouch A, Monahan PO, Jennewein L, Han Y, Karkash A, Hanna NH. The SMILE Scale: A Wellness Behavioral Tool for Patients with Cancer. *Quality of Life Research* (in publication).
2. **Vater LB**, Lefebvre B, Turk A, Clasen SC. Fluoropyrimidine Cardiotoxicity: Incidence, Outcomes, and Safety of Rechallenge. *Curr Oncol Rep*. 2022 Jul;24(7):943-950. doi: 10.1007/s11912-022-01256-6. Epub 2022 Mar 26. PMID: 35347593.
3. Cripe LD, **Vater LB**, Lilly JA, Larimer A, Hoffmann ML, Frankel RM. Goals of care communication and higher-value care for patients with advanced-stage cancer: A systematic review of the evidence. *Patient Educ Couns*. 2021 Aug 27: S0738-3991(21)00560-7. doi: 10.1016/j.pec.2021.08.016. Epub ahead of print. PMID: 34489147.
4. Nguyen R, **Vater LB**, Timsina L, Durm G, Rupp K, Wright K, Spitznagle M, Paul B, Jalal S, Carter-Harris L, Hudmon KS, Hanna N, Loehrer P, Ceppa D. Impact of smoke-free ordinance strength on smoking prevalence and lung cancer incidence. *PLOS ONE*. 2021; 16(4): e0250285.
5. Lipitz-Snyderman A, **Vater LB**, Curry M, Li D, Rubin D, Radzyner M, Duck E, Bach P, Schenker Y. Cancer hospital advertising and outcomes: Trust the messenger? *Lancet Oncology*. 2019; 20(6):760-762.
6. **Vater LB**, Rebesco G, Schenker Y, Torke A, Gramelspacher G. Palliative care content on cancer center websites. *Supportive Care in Cancer*. 2018;26(3):1005-11.
7. Kutkut I, **Vater LB**, Goldman M, Czader M, Swenberg J, Fulkerson Z, Mehta R. Thrombocytopenia and disseminated histoplasmosis in immunocompetent adults. *Clinical Case Reports*. 2017;5(12): 1954-60.
8. **Vater LB**, Donohue JM, Park SY, Schenker Y. Trends in cancer center spending on advertising in the United States, 2005 to 2014. *JAMA Internal Medicine*. 2016;176(8): 1214-16.
9. Zgibor JC, Schlenk EA, **Vater LB**, Kola S, Vander Bilt J, Woody S, Jacob M, Lo-Ciganic WH, Brenckle A, Bradenstein J, Kwoh K, Boudreau R, Albert S, Conroy M, Newman AB. Partnership building and implementation of an integrated healthy aging program. *Progress in Community Health Partnerships*. 2016;10(1): 123-32.
10. **Vater LB**, Donohue JM, Arnold R, White DB, Chu E, Schenker Y. What are cancer centers advertising to the public? A content analysis. *Annals of Internal Medicine*. 2014;160(12): 813-20.

11. Maciasz RM, Arnold RM, Chu E, Park SY, White DB, **Vater LB**, Schenker Y. Does it matter what you call it? A randomized trial of language used to describe palliative care services. *Supportive Care in Cancer*. 2013;21(12): 3411-19.
12. Shin J, Epperson K, Yanjanin NM, Albus J, **Borgenheimer L**, Bott N, et al. Defining natural history: assessment of the ability of college students to aid in characterizing clinical progression of Niemann-Pick disease, type C. *PLoS One*. 2011;6(10): e23666.

*b. Narrative Medicine Publications*

1. *Four Walls*. Blood and Thunder Journal: Musings on the art of medicine. December 15, 2021.
2. *Papaya*. Intima Journal of Narrative Medicine. October 15, 2021.
3. *Lea Rose*. Intima Journal of Narrative Medicine. October 15, 2021.
4. *In the Valley*. *Journal of General Internal Medicine*. 2021;36: 1108-1109.
5. *What She Carried*. Gold Humanism Website, as part of the Gold Writing Workshop, February 2021.
6. *The Before and After*. *Journal of General Internal Medicine*. 2020;35: 1889.

*c. Other Articles*

1. Advice Column with Dr. Laura Vater: “My confidence is shaken. I’m second-guessing every decision I make on call. How do I get through this?” Published on MDLinx. June 2024.
2. Advice Column with Dr. Laura Vater: “I’m overwhelmed by residency. The hours, workload, and documentation demands are too much. Should I quit?” Published on MDLinx. June 2024.
3. *Slanting Towards Thriving*. Published on MDLink. April 26, 2024.
4. *Why Can’t I Be Both a Good Doctor and Good Mother?* Published on MedPage Today. June 4, 2023.
5. *Cancel Hustle Culture and Create a New Sustainable Work Paradigm*. Published on Medium. March 6, 2023.

## **POSTERS/ABSTRACTS**

1. **Vater LB**, Kumar A, Sehgal N, Khan M, Bullens K, Hudmon K, Buckles D, Liu H, Hanna N. Tobacco use, knowledge of harms, and cessation support among patients with non-tobacco related cancers. American Society of Clinical Oncology Annual Meeting, June 2021. Citation: Journal of Clinical Oncology 2021 39:15\_suppl, e24029-e24029.
2. Nguyen R, **Vater LB**, Timsina L, Durm G, Rupp K, Wright K, Spitznagle M, Paul B, Jalal S, Carter-Harris L, Hudmon KS, Hanna N, Loehrer P, Ceppa D. Impact of smoke-free ordinance strength on smoking prevalence and lung cancer incidence. Presented at the American Society of Clinical Oncology Annual Meeting, June 2019, Chicago, IL.
3. **Vater LB**, Donohue JM, Park SY, Schenker YS. “Cancer center advertising to the public: Ten-year trends in prevalence and spending.” Presented at the American College of Physicians Indiana Chapter Annual Meeting, November 2016, Carmel, IN.
4. **Vater LB**. Cancer Center advertising trends. Presented at the Harper Cancer Research Institute Annual Research Day, April 2015, Notre Dame, IN.
5. **Vater LB**, Donohue JM, Arnold RM, White DB, Chu E, Schenker Y. “What are cancer centers advertising to the public? A content analysis of print and broadcast media.” Presented at the Society of General Internal Medicine Annual Meeting, April 2014, San Diego, CA.
6. **Vater LB**, Guadamuz TE. “A community-based participatory approach to health curricula development in Haiti.” Presented at the University of Pittsburgh International Week, September 2012, Pittsburgh, PA

## **PODCAST APPEARANCES**

1. Compassion Fatigue and Medical Errors in Healthcare. Promising Young Surgeon Podcast with Frances Mei Hardin. May 28, 2024.
2. Humanism in Medicine and Making Time in the Margins. Moms of Medicine Podcast with Alison Trainor. April 25, 2024.
3. Doctors Can’t Pour Out of an Empty Cup. Beyond the Scope Podcast with Andy Nguyen. February 16, 2024
4. Compassion Fatigue in Healthcare. The Review of Systems Podcast with Lizzie Esselman and Julia Bast. November 29, 2023.
5. Stop Normalizing Sleep Deprivation: Clinician Wellness. The Life After Medicine Podcast with Chelsea Turgeon. October 19, 2023.
6. Advocacy for Resident Doctors. MedBoys Podcast. June 2, 2023.

7. Living with Cancer. On the Brain and Body Things Podcast with Natasha Mehta. February 20, 2023.
8. Prevent Cancer and Detect it Early. The We Gotta Talk Podcast with Sonni Abatta. November 9, 2022.
9. Call to Action: Medical Residency. On the Revealing the Ivory Tower Podcast with Dr. Mack. September 27, 2022.
10. Leaning into Emotions in Medicine. The Work Room Podcast with Dr. Lila Flavin and Dr. Garseng Wong. May 26, 2022
11. Humanism in Healthcare. The Pursuit of Health Podcast with Dr. Eric Fethke. April 15, 2022.
12. Humanism in Medicine. Do Yourself No Harm podcast with Dr. Claire Ashley. April 3, 2022.
13. On Compassion in Medicine. The Meaningful Medicine Podcast with Dr. Shieva Khayam-Bashi & Nicole Hohenstein. March 23, 2022.
14. Dealing with Secondary Trauma and Patient Deaths. The Doctor's Inn Podcast. February 19, 2022.
15. The Importance of Sleep. The Re-Mind Yourself Podcast with Michelle Chestovich. February 2, 2022.
16. "I Don't Even Know How to Order Tylenol." Speechless: The Medical Comedy Podcast. January 25, 2022.
17. Self-care and humanism in medicine. The PATH Podcast (Positive Approaches to Health), with Toni Toledo and Jenny Pitcher. August 17, 2021.
18. Tips to be a Successful Physician. Girl Up Surgeons Podcast (part of the Girl Up Campaign and the United Nations' mission to empower females to be healthcare leaders). June 15, 2021.
19. Sleep Deprivation and Burnout. The Burnt Out to Lit Up podcast with Erika del Pozo. March 18, 2021.
20. Humanism in medicine for patients and clinicians. As A Woman Podcast with Dr. Natalie Crawford. January 26, 2021
21. How to SMILE through challenges. More Happiness, Less Suffering Podcast with Dr. Monisha Vasa and Cayce Howe. November 30, 2020.



22. Dr. Laura Vater, Oncology Fellow. Our Lives in Medicine Podcast, June 4, 2020
23. Mental Health in Medicine. Burnt Out to Lit Up Podcast with Erika del Pozo June 5, 2019; Jan 2021
24. Doctor, Mother, and SMILE Score Creator. Admissions Straight Talk with Linda Abrams, May 7, 2019.

## **PROFESSIONAL DEVELOPMENT**

- 2022-Present **The Pegasus Physician Writers at Stanford**  
Stanford University
- A membership of physician writers dedicated to medical humanities and creative writing.
  - Monthly virtual sessions to share writing, edit one another's work, and collaborate with other physician writers.
- 2019-2024 **Pinnacle Conference for Women in Medicine**
- Annual Leadership Development Conference
- 2022 **Columbia University Narrative Medicine Fall Workshop**
- An immersive three-day workshop centered around deep reading, reflection, and writing
- 2021-Present **Narrative writing developmental sessions**
- Weekly coaching sessions with writer and editor Jena Schwartz
- Fall 2020 **Gold Humanism Writing Group, first cohort**
- Led by author Judith Hannan
  - 2-hour weekly sessions for six weeks
- July-Dec 2019 **The Sound of Real-Life Happening Writing Group**
- Hosted by writer and editor Jena Schwartz
  - Weekly independent writing sessions followed by group feedback
- 2020-Present **Masterclass Online Courses** (each course approximately 3-4 hours)
- Malcolm Gladwell: Teaches Writing
  - Bob Iger: Business Strategy and Leadership
  - Margaret Atwood: Creative Writing
  - Joyce Carol Oats: The Art of the Short Story
  - Robin Roberts: Effective and Authentic Communication
  - David Sedaris: Storytelling and Humor
  - Howard Schultz: Business Leadership

- Judy Blume: Writing
- Matthew Walker: The Science of Sleep
- Salman Rushdie: Storytelling and Writing
- Roxanne Gay: Writing for Social Change
- Neil Gaiman: The Art of Storytelling
- Amy Tan: Fiction, Memory, and Imagination
- Walter Mosley: Fiction and Storytelling
- N.K. Jemison: Fantasy and Science Fiction Writing
- R.L. Stine: Writing for Young Audiences
- Dan Brown: Writing Thrillers
- James Patterson: Teaches Writing
- David Mamet: Dramatic Writing
- Steve Martin: Comedy
- Billy Collins: Reading and Writing Poetry
- David Baldacci: Mystery and Thriller Writing
- Issa Rae: Creating Outside the Lines
- Aaron Sorkin: Screenwriting

### **ONLINE PLATFORM**

Cultivated an audience of 185,000+ followers on social media platforms, with content centering around humanism in medicine for patients and clinicians, health promotion, and advocacy for the physical and mental health of clinicians. The average monthly audience reach is 2.3 million people.

### **NATIONAL ORGANIZATION PARTNERSHIPS**

Previous collaborations with the following organizations for awareness campaigns:

- Conquer Cancer, The American Society of Clinical Oncology (ASCO) Foundation
- The Association of American Medical Colleges (AAMC)
- American's Poison Centers, Poison Help
- The American Lung Association

### **PERSONAL INTERESTS**

Reading fiction and health nonfiction, narrative and novel writing, hiking, exploring state and national parks, gardening, and spending time with my husband, eight-year-old daughter, and dog.